



Are you an older adult looking for support to remain safe and independent at home? CAPABLE can help!



Community Aging in Place, Advancing Better Living for Elders

CAPABLE is an evidence-based program brought to you by VON in partnership with the Department of Seniors and Long-term Care and on behalf of the Johns Hopkins University School of Nursing.

What is the CAPABLE program?

CAPABLE teams work with clients over a period of 4 to 5 months to improve in-home safety and function so clients can remain independent in their own home longer.

Clients receive visits from:

- An Occupational Therapist
- A Nurse
- A Handy Worker who can make repairs or modifications within a modest budget



The team works with the client to identify and address areas in their home and in their day-to-day life that can be improved so they can remain in their own home safely. Follow-up visits from the CAPABLE team will build on previous visits, increasing clients' independence and quality of life.

Who is eligible?

- Adults 65 years+

And:

- Have physical or mobility challenges due to health or home environment

And meet one of the following:

- Net income of \$85,000 or less; or
- Receive income assistance; or
- Receive the province's heating assistance rebate; or
- Receive the Guaranteed Income Supplement from Service Canada.

The CAPABLE program pilot is available in many neighbourhoods of the Halifax Regional Municipality and Kings County. Please visit von.ca/capable for eligible postal codes.

To learn more or apply:

- **Phone:** 1-888-925-6101
- **Fax:** 902-593-0325
- **Email:** CAPABLENS@von.ca
- **Web:** von.ca/capable