



We want to hear from you!

Join us, and share your needs and preferences on Meals on Wheels

What is the Opportunity?

All residents of Mississauga, South Etobicoke or Oakville are invited to share your needs and preferences on Meals on Wheels.

We are looking to re-design the Meals on Wheels program to meet the diverse needs of the community.

What is Meals on Wheels?

This program delivers affordable, nutritious, hot or frozen meals to the homes of people who cannot prepare meals due to illness, disability, surgery or other health conditions.

How can I share my needs?

You can choose to attend any one of the sessions:

- **October 25** (Online)
10:00AM-11:00 AM
- **October 27** (In-Person*)
5:30PM-7:30 PM
Location: Mississauga
**Free halal meal will be served*
- **October 29** (Online)
10:00AM-11:00 AM

How can I attend?

Please register by scanning this QR Code:



OR, email: engagement@von.ca

OR, phone: 1-877-727-3270