

OWEN SOUND & AREA Bereavement Support Group

Tuesdays

July 5, 12, 19 & 26

1:00 – 3:00 pm

VON Grey Bruce office

1280 – 20th Street East, Owen Sound

Facilitator: Ted Creen

What is Grief Support?

- ▶ It is a way to express our experience of loss
- ▶ It is support & compassionate caring for family members & friends of the deceased
- ▶ An opportunity to share feelings or just to listen and not be alone

Groups meet for 4 sessions

No charge to attend; Pre-Registration Required

For Information & Registration:

519-371-5331 x 247 mary.winkler@von.ca